

BC Women's Menopause and Midlife Health Program presents:

Menopause hormone therapy (MHT) Understanding the basics

With Dr. Jen Gunter,
author of *The Menopause Manifesto*



- What is MHT and when is it recommended?
- What are the different types of hormones used?
- What are the possible safety issues?

Location: Online webinar

Date: Tuesday, March 31, 2026

Time: 5 p.m. to 6 p.m. PDT

Scan the QR code and register to attend:



<https://bit.ly/BCWHmar31>

