

Procedures Eligible for BCWH Procedural Sedation Service

- | | |
|---|--|
| <input type="checkbox"/> Hysteroscopic polyp resection | <input type="checkbox"/> Novasure endometrial ablation |
| <input type="checkbox"/> Hysteroscopic fibroid resection (< 3 cm) | <input type="checkbox"/> Hysteroscopy/D&C/biopsy |
| <input type="checkbox"/> Hysteroscopic removal of retained POC | <input type="checkbox"/> Marsupialization Bartholin's cyst |
| <input type="checkbox"/> Hysteroscopic lysis of adhesions | <input type="checkbox"/> Excision vulvar lesion |
| <input type="checkbox"/> Insertion/Removal of IUD | |

Patient Eligibility

ASA Physical Status must be 1 or 2. ASA 3 patients require *Anesthesia consult*

Patients must understand and be amenable to the nature of procedural sedation

Age between 16 - 80 yrs (mature minors may be booked for IUD insertion only)

Anesthesia:

⊗ **BMI must be ≤ 45**

Anesthesia consult if BMI 40-44.9

Anesthesia chart review +/- consult if patient or family history of life-threatening problems with anesthesia

Respiratory:

⊗ **No obstructive Sleep Apnea (OSA) requiring CPAP**

Anesthesia consult if mild OSA without CPAP or STOP-BANG score ≥3; must include *loud snoring* or *observed apneas* (see over)

⊗ **No breathlessness with normal physical activity**

(can achieve 2 flights stairs or ≥4 METS)

⊗ **No ER attendances / admissions for resp complaints in last 4 weeks**

Cardiovascular:

Anesthesia consult if any of the following

History of heart-related chest pain or angina

History of cardiac surgery or angioplasty

History of stroke or TIA

Cardiac pacemaker

Neurologic:

Anesthesia consult if any of the following

History of spinal cord injury (must not have Autonomic Dysreflexia)

Ongoing substance use disorder / opioid agonist therapy

Table: ASA Physical Status Classification

ASA Physical Status	Definition	Examples
ASA I	A normal healthy patient	Healthy, non-smoking, no or minimal alcohol use, normal pregnancy
ASA II	A patient with mild systemic disease	Mild diseases only without substantive functional limitations. Current smoker, social alcohol drinker, obesity (30<BMI<40), well-controlled DM/HTN, mild lung disease
ASA III	A patient with severe systemic disease	Substantive functional limitations; One or more moderate to severe diseases. Poorly controlled DM or HTN, COPD, morbid obesity (BMI ≥40), active hepatitis, alcohol dependence or abuse, implanted pacemaker, moderate reduction of ejection fraction, history (>3 months) of MI, CVA, TIA, or CAD/stents.

Adapted from: <https://www.asahq.org/standards-and-practice-parameters/statement-on-asa-physical-status-classification-system>

STOP-BANG screening questions

- S: Do you snore loudly (*loud enough to be heard through closed doors or your bed-partner elbows you for snoring at night*)?
- T: Do you often feel tired, fatigued, or sleepy during the daytime (*such as falling asleep during driving or talking to someone*)?
- O: Has anyone observed you stop breathing or choking/gasping during your sleep ?
- P: Do you have or are being treated for high blood pressure ?
- B: BMI > 35
- A: Age > 50
- N: Neck circumference > 40 cm / 16 in
- G: Male gender

Reference: <http://stopbang.ca/osa/screening.php>