

BC WOMEN'S SEXUAL ASSAULT SERVICE

**COMPETENCIES FOR RN SANES DISPENSING PROPHYLACTIC MEDICATIONS
TO PROTECT AGAINST STI AND HIV AFTER SEXUAL ASSAULT**

Knowledge of:	Skill in:	Judgement in:	Appropriate Attitude by:
<ul style="list-style-type: none"> • women/patient-centred-care as it relates to offering prophylactic medications after sexual assault • significant risk factors for transmission of HIV and other STIs after sexual assault • resources available to assist in risk assessment • recommendations for STI and HIV prophylaxis after sexual assault • risks & benefits, contraindications, and points of caution related to prophylactic medications offered after sexual assault • symptoms of anaphylaxis • hospital protocol for responding to anaphylaxis • patient teaching points including means of protecting others from exposure • documents available to assist with patient teaching and communication with follow-up health care providers • local options for follow-up • medication documentation requirements • CRNBC practice standards for safely dispensing medication • criteria for referral to emergency physician 	<ul style="list-style-type: none"> • engaging with sexual assault patient in a manner that returns control to the survivor • obtaining relevant sexual assault history • assessing sexual assault patient risk of exposure to HIV and other STIs • using available resources (i.e. print-based or online) to determine possible medication contraindications and points of caution • assessing possibility of pregnancy and performing urine pregnancy test • responding to anaphylaxis as per hospital protocol • patient teaching including adapting teaching style to meet patient needs • dispensing medication • completing and faxing HIV Risk Discussion & Fax Form to St. Paul's Outpatient Pharmacy 	<ul style="list-style-type: none"> • assessing HIV risk in a timely manner • determining advisability of HIV PEP • presenting information to patient in manner suitable to patient's condition • supporting patient through an informed decision-making process • consulting with St Paul's Outpatient Pharmacy, hospital pharmacist or emergency physician as needed • obtaining patient consent before dispensing medication • maintaining patient confidentiality • referring patient to emergency department physician when care is outside of RN SANE's scope 	<ul style="list-style-type: none"> • demonstrating awareness of own beliefs and biases • demonstrating sensitivity when obtaining history relevant to risk assessment • demonstrating sensitivity to patient anxiety regarding risk of STI/HIV acquisition • respecting patient choice regarding taking medications and accessing follow-up care