

SAFECARE LEARNING OUTCOMES

SafeCare Values



Program Goals

- Gain confidence in applying SafeCare in your practice and day-to-day interactions
- Help create a safe environment for self, colleagues, and patients
- Foster healthier connections and relationships with patients, coworkers, and self
- Reflect on how your own privilege, beliefs, assumptions, and value impact your practice
- Align your practice with the Health Guidelines in the Truth and Reconciliation Calls to Action

You'll learn to apply...

Trauma and violence-informed care

Trauma and violence-informed care means using language and strategies to foster a common practice of safety for ourselves, our colleagues, and our patients.

UNDERSTAND what is trauma and violence-informed care.

PRACTICE building supportive relationships and communities.

APPLY trauma and violence-informed strategies to effectively navigate difficult situations.

Harm reduction

SafeCare means we recognize that substance use is a journey. We can provide harm-reducing care, no matter where the patient is at, through acceptance, support, and partnership.

EXPLAIN the principles of harm reduction

ASSESS your awareness and alignment with principles of harm reduction.

APPLY principles of harm reduction to your practice and day-to-day interactions.

Indigenous cultural safety

SafeCare requires us to stay curious, listen with humility, adjust our practices and nurture trust in all relationships, specifically with Canada's Indigenous peoples.

ASSESS your awareness of and alignment with Indigenous cultural safety in BC.

EXPLAIN the impact of colonization, institutionalization, and its ongoing impact today.

IDENTIFY ways you can apply Indigenous cultural safety to your work and day-to-day interactions.

ENGAGE in trauma-informed and culturally safe conversations with and about Indigenous patients

DEVELOP short- and long-term plans to contribute to decolonization and take action relevant in your practice

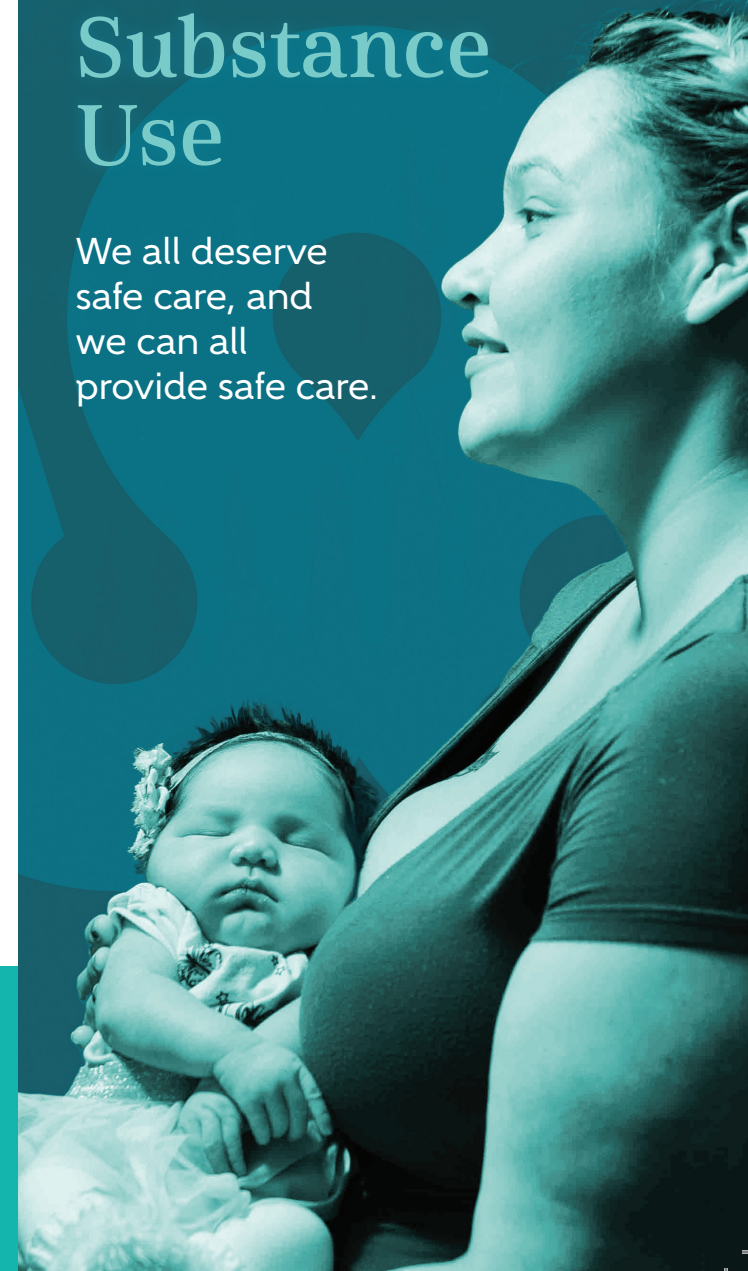
learninghub.phsa.ca

SafeCare is funded by
BC Women's Hospital + Health Centre
Mental Health and Substance Use
Programs + Initiatives



SafeCare for Perinatal Substance Use

We all deserve safe care, and we can all provide safe care.



What is SafeCare?

An online learning experience designed to train healthcare providers in acute and community settings to provide safe care. It presents core concepts, gives examples, and allows you to practice your learning through:

- Applied learning scenarios
- A workbook and activities to take back to your team and peers
- Realistic takeaways you can use immediately



For Community
& Acute Care Providers
Across BC



Who can take SafeCare?

There will be several versions of SafeCare across BC:

- **Perinatal Substance Use SafeCare:** anyone providing care to pregnant or parenting individuals using substances, in both acute or community care settings.
- **BCCW SafeCare:** any employee of BC Women's Hospital and BC Children's Hospital, whether providing direct or indirect care or service to patients.
- **Other SafeCare offerings:** visit the Learning Hub for more details. learninghub.phsa.ca

What do I get from SafeCare?

SafeCare will help you build and maintain safe relationships, whether they are 3 seconds long, 3 days, 3 weeks or 3 years+, with yourself, your colleagues, and your patients. This learning experience will give you the confidence and support you need to be safe and successful in your practice and day-to-day interactions.

At the end, you'll receive a Certificate of Completion. SafeCare meets the certification criteria of the College of Family Physicians of Canada and has been certified by UBC CPD for up to 8 Mainpro+® credits.



Contact

Questions about SafeCare? Go to:
www.bcwomens.ca/health-professionals/professional-resources/safecare