



Instructor Competency Evaluation (ICE)



BC Recreation and Parks Association
 #301- 470 Granville Street Vancouver, BC V6C1V5
 Phone: 604.629.0965
 Email: registration@bcrpa.bc.ca Website: www.bcrpa.bc.ca

Candidate _____ Email _____
 Address _____ City _____ Postal Code _____
 Class type _____ Level _____ Evaluation Date _____

Key: 1=Below Standard 2=Needs Improvement / Below Average 3=Satisfactory / Acceptable 4=Good / Above Average 5=Excellent

PROGRAM COMPONENTS

1 OSTEOFIT Tip _____

Preparedness: ___/5 Content: ___/5 Delivery: ___/5 Subtotal /15

SKILLS IN TEACHING **Please refer to guidelines document for detail*

Component Score	Exercise Choices	Explanation	Safety	Education	Teaching Techniques	Score
2 Warm up						/25
3 Agility and Balance						/25
4 Muscular Strength						/25
5 Stretch						/25

Component Comments

2 Warm up _____

3 Agility and Balance _____

4 Muscular Strength _____

5 Stretch _____

6 Relaxation _____ /5

PROFESSIONAL LEADERSHIP QUALITIES

7 Planning (*prepared, organized, adaptable, creative*) _____ /5

8 Language (*voice, body language, suitability*) _____ /5

9 Manner (*enthusiastic, encouraging, motivating*) _____ /5

10 Attitude (*responsible, sincere, professional*) _____ /5

General comments _____

Attach Lesson Plan and Class Resume Total /140

Basic (84/140) = 60%; Advanced (112/140) = 80%

Evaluator _____ Email _____

Address _____ City _____ Postal Code _____

Evaluator Signature _____ Candidate Signature _____