

## Referral Form for BC Women's Reproductive Mental Health Program

Please Fax **Completed** Form to **604-875-3115**

- Our multidisciplinary program specializes in the diagnosis and treatment of psychiatric disorders in pregnancy and up to one year postpartum
- We offer telephone consultation for health care providers who want to discuss patient management, including medication use in pregnancy and breastfeeding, through **RACE** (Rapid Access to Consultative Expertise) **604-696-2131** or **1-877-696-2131**
- Another resource is our website: [www.reproductivementalhealth.ca](http://www.reproductivementalhealth.ca)
- We will contact the patient directly to book their appointment and inform your office **by fax** of the appointment
- Patients **must** be physically located in BC during any virtual appointments
- This is a teaching hospital affiliated with the UBC Department of Medicine. Patients may be seen by a resident or medical student.

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**\*\*\*Incomplete and/or illegible referrals will NOT be processed\*\*\***

NAME: \_\_\_\_\_ TODAY'S DATE: \_\_\_\_\_  
FIRST MIDDLE LAST (AS APPEARS ON CARE CARD) D/M/Y

ADDRESS: \_\_\_\_\_  
APT/STREET # STREET NAME CITY POSTAL CODE

TELEPHONE: MAIN: \_\_\_\_\_ 2<sup>nd</sup>: \_\_\_\_\_ EMAIL: \_\_\_\_\_  
(REQUIRED)

CARECARD #: \_\_\_\_\_ BIRTH DATE: \_\_\_\_\_  
D/M/Y

REFERRING MD/NP/MW: \_\_\_\_\_ BILLING #: \_\_\_\_\_  
(CIRCLE ONE)

OFFICE TEL #: \_\_\_\_\_ FAX #: \_\_\_\_\_

**FAMILY Practitioner\*** MD/NP: \_\_\_\_\_ PHONE #: \_\_\_\_\_

**\*\*\*We will NOT process the referral unless the patient has a family practitioner for continuation of care\*\*\***

PSYCHIATRIST (please provide consultation note): \_\_\_\_\_

MIDWIFE: \_\_\_\_\_ OB/GYN: \_\_\_\_\_

MCFD INVOLVEMENT: If yes, **Social Worker**: \_\_\_\_\_

DOES YOUR PATIENT REQUIRE AN INTERPRETER?  NO  YES: \_\_\_\_\_  
LANGUAGE

**REASON FOR REFERRAL:**

**PREGNANCY:** No. of weeks: \_\_\_\_\_ Due Date: \_\_\_\_\_  
D/M/Y

**POSTPARTUM: Date of delivery\*:** \_\_\_\_\_  
\*\*\*Please note: referrals should be made within 8 months postpartum \*\*\*

**PRE PREGNANCY** (+ medication): This is a **one-time** consultation only

**PMS/PMDD:** This is a **one-time** group educational session only.

**CURRENT** psychiatric symptoms or diagnosis:  **Depression**  **Anxiety**  **Psychosis**

**Mania**  **Suicidal Ideation**  **Substance Abuse**  **Other:** \_\_\_\_\_

**PAST** psychiatric symptoms or diagnosis:

RELEVANT MEDICAL HISTORY/ADDITIONAL DETAILS:

CURRENT MEDICATIONS:

*Your patient should continue care for their Mental Health concerns until their assessment takes place.  
If a crisis situation arise, please inform them to go to their closest Emergency Department.*