

Medication: Prazosin 1 mg

What is Prazosin:

Prazosin is a type of blood pressure medication that can also be used for nightmares, sleep disruption and night sweats. It can also help with the physical manifestations of anxiety.

Expected Benefit:

- You should notice a benefit on the first night

Watch for possible side effects:

This list of side effects is important for you to be aware of however, it is also important to remember that not all side effects happen to everyone.

Prazosin is usually well tolerated. If you have problems with these side effects talk with your doctor or pharmacist:

- Dizziness

Stopping the medication:

- Please talk with your doctor before stopping the medication.
- Typically no withdrawal effect

How to use this medication:

- Take this medication with or without food

Dosing Schedule:

- Start with 1 mg at bedtime
- The dose can be increased to 2 mg if needed
- Some patients need a higher dose but talk to your doctor first

Drugs and Foods to Avoid:

Ask your doctor or pharmacist before using any other medication, including non-prescription medication (over-the-counter medication) and herbal products.

- Avoid alcohol at the same time
- Take at least 2 hours after magnesium supplements

Please contact the Complex Chronic Diseases Program if you have further questions about your medications.