

**Medication: Frovatriptan 2.5 mg**

**What is Frovatriptan:**

Frovatriptan belongs to a family of medications called “triptans” which are used to treat acute migraine headaches. Migraine symptoms may be caused by swollen blood vessels in the head. Frovatriptan is thought to help with the swelling of these blood vessels. This helps to take away the headache and other symptoms of perimenstrual migraines (i.e. migraines associated with women’s periods), such as feeling or being sick (nausea or vomiting) and being sensitive to light and sound.

**Expected Benefit:**

- Relief should occur within 2 – 4 hours
- It may take 2 or 3 menstrual cycles before you notice a benefit

**Watch for possible side effects:**

This list of side effects is important for you to be aware of however, it is also important to remember that not all side effects happen to everyone.

If you have problems with these side effects talk with your doctor or pharmacist:

- Heaviness of the arms and legs
- Flushing
- Sensation of pins and needles
- Tightness in the chest, neck, or throat
- If you develop muscle spasms and fever, stop the medication and let the clinic know

**Stopping the medication:**

There should be no withdrawal effect when stopping the medication as the medication is not taken regularly.

**How to use this medication:**

- Take this medication with or without food

**Dosing Schedule:**

- 2.5 mg twice a day
- Start 2 days before you period and continue for 6 days

**Drugs and Foods to Avoid:**

Ask your doctor or pharmacist before using any other medication, including non-prescription medication (over-the-counter medication) and herbal products.

- Avoid St. John’s wort
- Avoid antidepressants unless instructed by your doctor
- Do not take with ergotamine or ergot containing medications

Please contact the Complex Chronic Diseases Program at if you have further questions about your medications.