



Medication: Ivabradine 5 mg

What is Ivabradine:

Ivabradine is usually used for patients with congestive heart failure. It can also be useful for patients with POTS. It works by decreasing the heart rate without causing some of the other side effects of beta-blockers

Expected Benefit:

- You should notice benefit within a day once you are on the right dose

Watch for possible side effects:

This list of side effects is important for you to be aware of; however, it is also important to remember that not all side effects happen to all people. Many of these less serious side effects will improve over the first few days of taking the medications.

If you have problems with these side effects talk with your doctor or pharmacist:

- low heart rate
- High blood pressure (see your GP for monitoring)
- Irregular heart beat

Stopping the medication:

- You can stop this medication without problem

How to use this medication:

- Take this medication with or without food
- Do not take with grapefruit juice

Dosing Schedule:

- Start with 2.5 mg daily
- Monitor your heart both lying and standing
- Your heart rate should not go below 60
- You can increase the dose, if needed, using the schedule below

TIME	
AM	PM
1.25	
1.25	1.25
2.5	2.5
Follow up with clinic before increasing the dose	

Drugs and Foods to Avoid:

Ask your doctor or pharmacist before using any other medication, including non-prescription medication (over-the-counter medication) and herbal products.

- Grapefruit juice
- St John's Wort

Please contact the Complex Chronic Diseases Program if you have further questions about your medications.