

Medication: Pinaverium Bromide 50 or 100 mg

What is Pinaverium?

Pinaverium bromide belongs to a group of medications known as “calcium antagonists” and works by relaxing the muscles in the gastrointestinal tract (i.e., gut). It is useful for irritable bowel syndrome (IBS), especially if you have diarrhea, cramping, and pain.

Expected Benefit:

- You should notice benefits within hours
- This drug can be taken as needed or regularly

Watch for possible side effects:

It is important to be aware of the side effects however, it is also important to remember that not all side effects occur in everyone. Many of the less serious side effects will improve over the first few days of taking the medication.

If you have problems with these side effects talk with your doctor or pharmacist:

- Stomach upset that is more than usual
- Heartburn/reflux

Stopping the medication:

There should be no withdrawal effect when stopping the medication.

How to use this medication:

- Take this medication with food with a glass of water
- Do not crush or chew tablets
- Don't take this medication while lying down or right before bedtime

Dosing Schedule:

- Start with 50 mg 3 times a day
- Can be increased to 100 mg 3 times a day if needed
- Can also be taken as needed instead of regularly
- Take with a full glass of water

Drugs and Foods to Avoid:

- None

Please contact the Complex Chronic Diseases Program if you have further questions about your medications.