

Healthy Living with Daily Products

Developed by the Integrated Chronic Care Service at Capital Health

Fragrance Free and Unscented Products without Chemicals

Laundry

Natures Clean
Down East
Borax
Baking Soda

Shampoo/Conditioner

Jason's
Desert Essence Organics
Druide - organic
Earth Science
Nature Clean Pure Sensitive
Botanical Therapeutic
Curelle

Body Wash

Desert Essence Organics
Jason's
Druide
The Soap Company – pure glycerin soap

Beauty Bar

Pure glycerin soap – bar
The Gelp Soap Company – natural glycerin
Kiss My Face – olive oil soap
Natures Clean Sensitive Bath Bar

Body/Hand Lotions

Druide – Organic face/body Lotion
Natures Gate
Jason's
Curelle
Botanical Therapeutic

Hair Gel

None

Facial Care

Ecco Bella

Cosmetics

PurMinerals
Ecco Bella
Suncoat

Deodorant

Crystal Rock
Kiss My Face Liquid Rock
Dr. Mist – unscented
Baking Soda

Shaving

Electric Razor
Any tolerated soap which produces a good lather may be used.
Use sea salt with some water when rinsing if using a scented shaving cream to reduce residual scent.
Aloe Vera Aftershave

Toothpaste

Tom's of Maine
Natures Gate
Thompson's Kalodent
Jason's
Vicco
Auromere

Hair Spray

Aloe 80 styling spray
Botanical Therapeutic
Suncoat