## HIV Risk Discussion & Fax Form

**Indicate how patient meets criteria by circling or underlining the relevant information.**

### (A) Significant Risk

<table>
<thead>
<tr>
<th>SOURCE</th>
<th>TYPE OF EXPOSURE</th>
<th>RECOMMENDATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Known HIV positive source or Known high-risk source e.g. injection drug user (IDU) or man who has sexual contact with men (MSM) or Known multiple assailants</td>
<td>Non-consensual: Unknown exposure or Anal penetration or Vaginal penetration</td>
<td>Recommend 5-day HIV PEP starter kit initiated <strong>within 72 hours</strong> after sexual assault</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>SETTING</th>
<th>TYPE OF EXPOSURE</th>
<th>RECOMMENDATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sexual assault occurs in a setting considered high risk for HIV (e.g. Vancouver’s Downtown Eastside, IV drug paraphernalia at scene, etc.)</td>
<td>Non-consensual: Unknown exposure or Anal penetration or Vaginal penetration</td>
<td>Recommend 5-day HIV PEP starter kit initiated <strong>within 72 hours</strong> after sexual assault</td>
</tr>
</tbody>
</table>

### (B) Negligible Risk

Vaginal/anal penetration occurred but the source is known to be HIV negative or there is no reason to believe the source is HIV positive or in a high risk group and the setting in which the assault took place is not considered high risk for HIV. Oral/digital exposure alone is considered negligible risk, regardless of HIV status of source.

**RECOMMENDATION**

Do not offer PEP to patients in this category. Adequate patient counseling and education is needed to reduce anxiety. Recommend HIV test at one & three months post sexual assault.

### (C) Estimated Risks of Becoming Infected with HIV

Estimated risk in consensual sex from a known HIV positive source with a positive viral load:

- Receptive Vaginal: 0.08% (8 in 10,000)
- Receptive Anal Penetration: 1.38% (138 in 10,000)
- Receptive Oral: Low

(BC Centre For Excellence in HIV/AIDS May 2017)

In non-consensual sex after one exposure (where one person is known to be HIV positive), the risk is thought to be higher than the risks in consensual sex because of potential injuries, but the numbers are unknown.

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**Patient meets significant risk criteria:** Yes [ ] No [ ] Reason __________________________________________________________________________________________

**HIV PEP dispensed:** Yes [ ] No [ ] Reason __________________________________________________________________________________________

**Handouts given:**

- **PATIENT INFO RE: TAKING HIV PEP**
  - Yes [ ] No [ ]
- **FOR YOUR DOCTOR/NP RE: HIV PEP**
  - Yes [ ] No [ ]

**Follow-up discussed with patient:** Yes [ ] No [ ]

**St. Paul’s Outpatient Pharmacy called:** Yes [ ] No [ ]

**Comments:** __________________________________________________________________________________________

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**FAX to ST. PAUL’S OUTPATIENT PHARMACY AT 604-806-8675 WHEN PEP DISPENSED**