



Rapid HIV Test Pre- and Post-test Discussion Guidelines

Pre-test Discussion

- Information about HIV and nature of test
- Reason why HIV testing recommended (risk of transmission, long term health of woman)
- Expected benefits of testing (treatment of woman and infant, decreased transmission)
- Voluntary nature of testing
- Answer any questions

Post-test Discussion: Inform woman of test result

Non-reactive (negative test): No antibodies to HIV were detected

- Discuss any further needs of harm reduction, further testing
- If high risk behavior in *last three weeks* (i.e. within 'window period' of infection where antibodies have not yet been produced) there is a possibility of acute infection
 - Discuss implications of the window period with the woman.
 - Inform that confirmatory test results will be available in approximately one week
 - Inform woman of treatment recommendations to prevent perinatal HIV transmission

Preliminary reactive (preliminary positive): Antibodies to HIV were detected

- Discuss with woman that infection with HIV is possible and a confirmatory blood test is required (diagnostic HIV PCR results available in approximately one week)
- Inform woman of immediate treatment recommendations to prevent perinatal HIV transmission
- Discuss transmission prevention
- Discuss the follow-up care and support available to the woman
- Notify the Oak Tree Clinic: 604 875-2250 (leave message if calling after hours)
- Notify local health authority of preliminary positive result
- Document discussion in woman's Health Record
- Ensure contact information for woman is available in the Health Record

Key BCCDC = BC Centre for Disease Control
e.g. = for example

HIV = Human immunodeficiency virus
i.e. = that is

mL = millilitres
PCR = Polymerase Chain Reaction