

Osteofit ICE Evaluators to January 2021

Surname	First Name	City	Email	Telephone
Briggs	Lori	Pitt Meadows	lobriggs@telus.net	604-460-0870
Carlson	Kerry	Vernon	Kerry.Carlson@interiorhealth.ca	250-308-6339
Cheong	Debbie	Delta	debbie.cheong@cw.bc.ca	604-940-0349
Galloway	Melanie	Vancouver	melanie@growingstrong.ca	604-732-9295
Jessen	Debbie	Burnaby	djessen@shaw.ca	604-540-4993
Neilson	Dee	Port Moody	dee.nielson@shaw.ca	778-867-0151
O'Connell	Meghan	Vancouver	whatsyourstrength@gmail.com (email preferred)	604-376-6655
Okruhlica	Marise	Port Coquitlam	marise.o@telus.net	604-313-5573
Pinsent	Carolyn	Chilliwack	roypinsent@telus.net	604-792-1994
Roy	Elizabeth	Vancouver	royelizabeth850@gmail.com	604-254-4259
Stanton	Heather	Ontario	heathercstanton60@gmail.com	519-766-3360
Thomson	Monica	Delta	monicat@telus.net	604-808-9471

I.C.E. packages are available from the Osteofit website www.osteofit.org and posted on BCRPA's Registry http://www.bcrpa.bc.ca/fitness_program/registration/ice.htm

You are responsible for providing completed forms to your Evaluator and to ensure CPR and First Aid certifications are current. Keep copies of your forms safe and accessible as they may be required to verify status.

Send copy of your completed ICE forms directly to Osteofit, attention: Debbie Cheong.

Scan and email to: debbie.cheong@cw.bc.ca

Or mail to:

Osteofit, Mailbox 103, E216 - BC Women's Health Centre, 4500 Oak Street, Vancouver, V6H 3N1

Your Evaluator will advise BCRPA of your successful ICE.

Only the **renewal** ICE qualifies for 1.5 CECs. Upload the completed ICE form to the BCRPA Registry under *Pre-Approved CEC*.

The **'Date'** is the date of your ICE. Enter 1.5 under **'Hours'** and the name of your ICE Evaluator will be the **'Presenter'**. Contact BCRPA directly for more information.

The Osteofit ICE is valid for 3 years and must be renewed to maintain your registration and your liability insurance.

Be sure to record the expiry date of your ICE. If your ICE expires, your liability insurance to lead Osteofit programs will be void.