

Incontinence: Amazingly common, incredibly undertreated

Continuing Education Instructor Workshop

Presented by Pat Leiblich, Physiotherapist. BC Women's Health Centre

This workshop will inform the participant about the impact of urinary incontinence on elderly women and women with osteoporosis. It will describe the importance of having knowledge about urinary incontinence and advice that can be given to prevent falls and low trauma fractures that stem from these falls. This workshop will describe behavioural treatment options and simple exercises that will greatly impact the health and safety of the women with osteoporosis.

This session was recorded by Mediasite for online access.

1.5 BCRPA continuing education credits.

Fee: Osteofit Instructors _____ No cost
Others _____ \$35.00

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