

OSTEOFIT INSTRUCTOR UPDATES WORKSHOP
Arthritis and Exercise Modifications
Online session

Join Wendy Turner, physiotherapist at Lions Gate Hospital Arthritis Program, for an overview of Arthritis and the modifications and precautions necessary to accommodate those in our classes who present with this disease condition.

This workshop is not restricted to Osteofit instructors and is available by Mediasite for online viewing. Access code will be provided upon registration. Please contact us for more information or visit our website www.osteofit.org

BCRPA recognizes this workshop for 1.5 Continuing Education Credits upon successful completion of a multiple choice quiz. Minimum 70% required.

Fee: **Registered** Osteofit Instructors _____ \$ 25.00 (Osteofit ICE within the past 3 years)
Others _____ \$35.00

Date of last Osteofit ICE: _____

PLEASE PRINT CLEARLY

Name: _____ e-mail _____

Address: _____

City: _____ Postal Code _____ Phone: _____

Fee Enclosed: _____

*(Please make cheque payable to: **PHSA- BC Women's Osteofit Program**)*

Sorry credit card payments cannot be processed at this time

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