



## OSTEOFIT Continuing Education Instructor ONLINE Workshop

### Working Toward Better Balance

This session will explore effective strategies for incorporating balance in exercise programs. Co-presented by Marcella Paoletti, Physiotherapist from the Osteoporosis Clinic at BC Women's Health Centre and Debbie Cheong, Master Trainer of Osteofit Instructors.

*This workshop is **open to all** instructors and was pre-recorded by Mediasite for online viewing. Access code will be provided upon registration. Please contact us for more information or visit our website [www.osteofit.org](http://www.osteofit.org)*

### **2.0 BCRPA continuing education credits.**

CECs assigned upon successful completion of workshop quiz, 80% required

Fee: **Registered** Osteofit Instructors \_\_\_ \$ 25.00 (must have Osteofit ICE within the past 3 years)  
Others \_\_\_\_\_ \$35.00

Date of last Osteofit ICE: \_\_\_\_\_

### **Registration Information**

Name: \_\_\_\_\_ e-mail \_\_\_\_\_ BCRPA ID # \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Postal Code \_\_\_\_\_ Phone: \_\_\_\_\_

Fee Enclosed: \_\_\_\_\_ (Please make cheque payable to: **PHSA- BC Women's Osteofit**)

For more information and credit card payment contact:

Debbie Cheong  
[debbie.cheong@cw.bc.ca](mailto:debbie.cheong@cw.bc.ca)  
604-875-2424 x 5511  
[www.osteofit.org](http://www.osteofit.org)

### **Mail to:**

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4500 Oak Street | Vancouver BC | V6H 3N1

For Finance use only:

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