

OSTEOFIT Continuing Education Instructor ONLINE Workshop

Working Toward Better Balance

This session will explore effective strategies for incorporating balance in exercise programs. Co-presented by Marcella Paoletti, Physiotherapist from the Osteoporosis Clinic at BC Women's Health Centre and Debbie Cheong, Master Trainer of Osteofit Instructors.

*This workshop is **open to all** instructors and was pre-recorded by Mediasite for online viewing. Access code will be provided upon registration. Please contact us for more information or visit our website www.osteofit.org*

2.0 BCRPA continuing education credits.

CECs assigned upon successful completion of workshop quiz, 80% required

Fee: Osteofit Instructors _____ no cost
Others _____ \$35.00

Date of last Osteofit ICE: _____

Registration Information

Name: _____ e-mail _____ BCRPA ID # _____

Address: _____

City: _____ Postal Code _____ Phone: _____

Fee Enclosed: _____ (Please make cheque payable to: **PHSA- BC Women's Osteofit**)

For more information and credit card payment contact:

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