

TEEN BOOK & VIDEO LIST

These books and videos are suggestions for grief resources that may be helpful to you and/or your family. BC Children's Hospital Family Resource Library has all the resources on this list and mails resources free to families in BC. Contact the library at:

Family Support & Resource Centre
BC's Children's Hospital
4480 Oak Street, Rm. K2-126
Ambulatory Care Building
Vancouver, B.C. V6H 3V4

Web: <http://www.bcchildrens.ca/frl>
Toll Free: 1-800-331-1533
Tel: (604) 453-8335
Fax: (604) 875-3455
Email: fsrc@cw.bc.ca

Books for Grieving Teens

Fire in My Heart, Ice in My Veins: A Journal for Teenagers Experiencing Loss **Enid Samuel Traisman and Ben Seiff, III.**

A grieving journal for teenagers where they can privately record the details of their relationships, the death, their loss and the profound effect it is having on their life.

Healing Your Grieving Heart for Teens

Dr. Alan D. Wolfelt

100 practical ideas to help with healing in grief.

Help for the Hard Times: Getting Through Loss

Earl Hipp

A modern, cartoon-style book written in a user friendly format.

Love, Mark

Mark Scribani

Series of hand-printed letters on grief for children. Each letter describes different aspects or challenge of grief.

A Ring of Endless Light

Madeleine L'Engle

In one summer, sixteen-year-old Vicki faces her beloved grandfather's terminal illness, helps a mood and lonely friend recover from a suicide attempt, befriends a boy whose father just died, and falls in love.

Teenagers Face to Face with Bereavement

Karen Gravelle and Charles Haskins

With special understanding because they've been through it all, seventeen young adults discuss the deaths of parents, siblings and friends in this sensitive and caring book.

Books for Teens Whose Parent, Grandparent or Other Adult Loved One Has Died

How it Feels When a Parent Dies

Jill Krementz

Eighteen children and teens (7-16 yr.) tell, in their own words, what it means to have a parent die. They express their feelings, tell what happened, what hurt, what was confusing, what helped.

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Books for Teens Whose Brother or Sister Has Died

Losing Someone You Love: When a brother or sister dies

Elizabeth Richter

Sixteen young people ranging in age from 10 to 24 describe the fears, sorrow and other emotions they experienced when a brother or sister dies.

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Books for Teens Whose Friend Has Died

A Time for Dancing

David Hurwin

Two young women are best friends and make plans for the future, which changes abruptly when one gets cancer. The story shows their friendship and support as they share their anger and say goodbye.

Bridge to Terabithia

Katherine Paterson

Leslie and Jesse have a special friendship, and create a magic place for themselves, Terabithia. When Leslie dies in an accident, Jesse feels lonely and guilty until he begins to share with his sister.

Bridge to Terabithia (DVD)

Director: Gabor Csupo

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When a Friend Dies

Marilyn E. Gootman

An easy to read but informative book about feelings and responses to loss. Includes quotations from grieving teens.