



GETTING DONOR MILK AFTER YOUR BABY LEAVES THE HOSPITAL



Your doctor or midwife has prescribed donor milk from the BC Women's Hospital & Health Centre's (BC Women's) Provincial Milk Bank for your baby.

The prescription has been:

Faxed to BC Women's Provincial Milk Bank (Fax: 604-875-2871); OR

Given to you. Please give it to the staff member at BC Women's when you pick up the milk.

Outpatients are required to pay for donor milk. The fee helps cover the costs of processing. See www.bcwomens.ca (search for Milk Bank) for current rates.

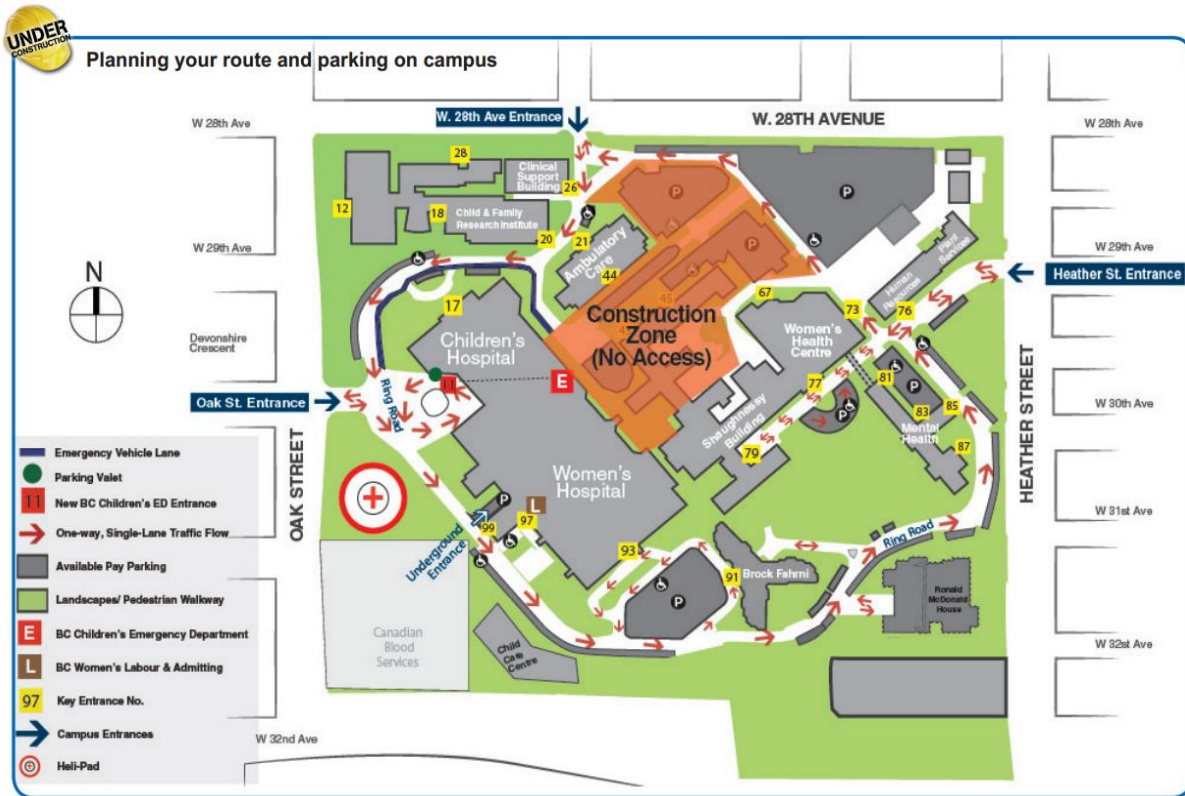
Every baby using donor milk needs to have an alternate feeding plan. When our supply is low we may not be able to meet all requests. The sickest babies are the highest priority.

There are 2 ways to get milk from the BC Women's Provincial Milk Bank:

1. Pick it up at BC Women's in Vancouver
2. By courier to your home (this option is available if you live outside the Greater Vancouver area **or** your milk order is for 50 bottles or more)

Option #1: Pick-up at BC Women's in Vancouver

1. **BEFORE going to the site, call the Milk Bank at 604-875-3743.**
 - Hours for placing orders: 8 am to 12 pm, Monday to Friday (closed stat holidays).
 - If you do not call ahead, we will not have donor milk waiting for you.
2. The Milk Bank staff checks that there is milk available. You will be asked for your credit card number to pay for the milk. Your receipt will be with the milk.
3. Pick-up location: Milk Bank Reception Desk located in the main lobby across from the BC Women's Auxillary Gift Shop at the Main Outpatient & Visitor Entrance (#93), BC Women's, 4500 Oak Street in Vancouver, ph: 604-875-3743.
 - Enter off Oak Street, take a right turn and drive around the ring road to the BC Women's Main Entrance Door #93. The Milk Bank staff will suggest where to park.
 - Enter the lobby. Go to the Milk Bank Reception Desk.
 - Hours for pick up: 8 am to 4:00 pm, Monday to Friday (closed stat holidays).



Option #2: By courier to your home (paid by you)

1. Call the Milk Bank at 604-875-2424, local 7634.
 - Hours for placing orders: 8 am to 12 pm, Monday to Friday (closed stat holidays).
2. The Milk Bank staff checks that there is milk available. You will be asked for your credit card number to pay for the milk. Your receipt will be with the milk.
 - Confirm the date with the Milk Bank before arranging for courier pick-up.
 - Call your courier and provide the pick-up date and location for the milk:
 - Pick-up must be between 9 am and 12 pm, Monday to Friday (closed stat holidays)
 - Pick-up location: BC Women's Hospital, Provincial Milk Bank, Room D106 (Basement, Shaughnessy Building), 4500 Oak Street, Vancouver, BC, V6H 3N1. ph: 604-875- 2424, loc 7634.