

# Couriers for Transporting Human Milk



Courier	Contact information	Notes
Dan Foss	604.524.5959	Areas covered: Kamloops, Okanagan, Fraser Valley, Whistler/Squamish, Greater Vancouver, Vancouver Island
Greyhound Couriers	604.523.3600 or 604.681.3526	Pick-up and Delivery Cheapest if dropped off and picked up
FexEx Nationwide	800.463.3339	<a href="https://www.fedex.com/">https://www.fedex.com/</a>
UPS Nationwide	1.800.742.5877	<a href="https://www.ups.com/">https://www.ups.com/</a>
Purolator	1.888.744.7123	<a href="https://www.purolator.com/">https://www.purolator.com/</a>