

# NURSING WEEK – YES THIS IS NURSING

Join Us to Celebrate C&W Nurses the Week of May 8-12, 2017

	May 8, 2017 - SHY Auditorium	May 9, 2017 - Chan Center	May 10, 2017- Chan Center	May 11, 2017 - Room 3D16	May 12, 2017- SHY Auditorium
0700-0730	NURSING WEEK KICK OFF BREAKFAST				
0730-0800					
0800-0830				Roving Carts BCW Ambulatory Mental Health Building	Roving Carts – BCCH Ambulatory Clinics OR/PACU SDCU
0830-0900					
0900-0930		Yes This is Nursing - Lorelei Faulkner- Gibson & Kim Thornton	Opening Remarks		
			Implementing a Standardized Pediatric Early Warning System in BC -Yasmin Tuff & Lisa Jacques		
0930-1000		Caring for Trans and Gender Diverse Clients at BC Women’s Hospital - Lauren Goldman & Sandy Gunderson	National Pediatric & Perinatal Nursing Standards - Amanda Dalgetty & Melanie Basso		
1000-1030	Roving Carts Sunny Hill				
1030-1100		BREAK	BREAK		
1100-1130	BC Children’s & BC Women’s Redevelopment - A Nursing Lens of the Teck Acute Care Centre - Patti Byron	Get a Move On - Mobility in Labor - Isabelle Baribeau	Pediatric Critical Care Standards - David Waller & Michelle Dunphy		
1130-1200		‘Crowdfunding’, ‘friending’ and ‘Googling’ a Patient - Ethical Implications of Social Media in the Healthcare Setting - Alice Virani	Medical Assistance in Dying - Panel Presentation -Faye Kingdon, Natasha Prodan-Bhalla, Alice Virani, & Phillip Crowell	Understanding the Health Services Where Your Patient Lives - So Many Unknowns - Michele Fryer	Building Therapeutic Relationships - Jenny Lindstrom
1200-1230	What can we do about Racism in Health Care? Moving towards Indigenous Cultural Safety - Laurie Harding, Makonen Bondoc, & Elena Felgar			“Hello My Name Is” - Debbie Johannesen & Suzanne Steenburgh	REFILL PLEASE: Understanding Compassion Fatigue and How to “Top Up” -Theresa Newlove
1230-1300		LUNCH & POSTER PRESENTATIONS	LUNCH & POSTER PRESENTATIONS	Aboriginal Patient Liaisons -Who We Are and What We Do - Susan Soloman & Amanda Gonet	
1300-1330	Clinical Informatics - What is the Nurse’s Role? Jill Purcha, Liz Fox, & Deirdre Shirley			Provider/Parent Interactions - So Much More Than “Communication” - Betty Davies	Building Resiliency in Challenging Work Environments - Mary MacKillop and a patient’s perspective
1330-1400	New Knowledge & Innovation - Sandy Tatla, Elena Felgar, & Sandra Harris	Releasing Time to Care - Yvonne Law & Gail Brito	Improving Practice Environments - Taking Steps Forward - Barbara Fitzgerald Awards Presentation		
1400-1430		Newborn Care in the First 2 hours of Life - Jody Nikkinen & Isabelle Baribeau		The Role of Perinatal Services BC in Improving Care for Mothers and Babies - Janet Walker	Drop-In Messages Room 2N35
1430-1500		The Incredible Journey Towards MotherBaby Care - Maryam Kiarash	Perceptions of Violence in Pediatric & Maternity Tertiary Services - Lorelei Faulkner-Gibson	Hot Topics at the College - Update from the CRNBC Catherine Johnson	
1500-1530		BREAK	BREAK	TACC Orientation & Training - Scott Fraser-Dauphine	
1530-1600		The Baby Friendly Initiative - Innovative Nursing Practice - Marina Green & Frances Jones	The Impact of Socio-Economic Environment on Youth Mental Health - Sheri Laliberte		
1600-1630		The Importance of Equity - Oriented Care in Nursing - Natasha Prodan- Bhalla	Youth Advisory Committee - Sabrina Gill & YAC members		
1630-1700		Evaluations and Prizes	Evaluations and Prizes		
1900-1930	Roving Carts BCW Inpatients			Roving Carts NICU PICU ED	Roving Carts BCCH Inpatient Units
1930-2000					
2000-2030					
2030-2100					

# C&W 2017 NURSING WEEK PROGRAM

**MONDAY MAY 8, 2017**

**SHAUGHNESSY AUDITORIUM**

**0700-0930      *Nursing Week Kick Off Breakfast***

All nurses are welcome to enjoy a continental breakfast in the SHY auditorium. Information on nursing week events and prizes will be available.

**1100-1200      *BC Children's & BC Women's Redevelopment - A Nursing Lens of the Teck Acute Care Centre***

***Speaker:*** *Patti Byron, RN, MSN - Senior Director, Operational Readiness & Clinical Planning*

This talk will highlight the stages of nursing involvement on the planning and design of the Teck Acute Care Center. Further focus will be on the final spaces in the Teck Acute Care Center and what this new environment will mean for nursing practice and the patients and families in our care.

**1200-1300      *What can we do about Racism in Health Care? Moving towards Indigenous Cultural Safety***

***Speakers:*** *Laurie Harding, EdD - Indigenous Cultural Safety, Integration Lead; Makonen Bondoc, MA - Indigenous Cultural Safety, Facilitator; Elena Felgar, RN, MSN, PNC - Senior Leader, Clinical Education*

Racism and stereotyping are well established determinants of Indigenous peoples' health and access to care. To address this issue, insight is needed on how nurses can increase their understanding of stereotyping and its impacts, and how to interrupt racism at an individual and organizational level. Through interactive exercises and activities based on real world examples, this workshop will provide participants with a framework for critically analyzing Indigenous specific stereotyping and responding to racism in the work place.

**1300-1330      *Clinical Informatics - What is the Nurse's Role?***

***Speakers:*** *Deirdre Shirley, RN,BSN - Program Liaison, CST; Liz Fox, RN - Clinical Informatics Specialist C&W; Jill Purcha, RN,BSN - Clinical Informatics Specialist C&W*

What is Clinical Informatics? Highlighting current and future opportunities for nurses in this exciting and evolving area.

**1330-1400      *New Knowledge & Innovation***

***Speakers:*** *Sandy Tatla, MSc. Rehab, MOT, OT (C) - Director, New Knowledge & Innovation; Elena Felgar, RN, MS,N PNC - Senior Leader, Clinical Education; Sandra Harris, RN, MSN - Senior Leader, Clinical Education*

What role can nurses play in generating new knowledge? How can we foster innovation? This talk will share the new and exciting changes in New Knowledge and Innovation, the department that leads clinical education practice. We will share our vision for clinical education across the campus and highlight opportunities for professional development within specialty practice.

**TUESDAY MAY 9, 2017**

**CHAN CENTER**

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**0900-0930 Welcome to the C&W Nursing Conference - Yes This is Nursing**

**Speakers:** Lorelei Faulkner-Gibson, RN, MN, CPMHN(C) - Best Practice & Policy Office; Kim Thornton, RN, MSN - Senior Leader, Clinical Education

Let's celebrate the care, innovation, and achievements of nurses from across BC Children's and Women's Hospital and here from them, what it means to be a nurse.

**0930-1030 Caring for Trans and Gender Diverse Clients at BC Women's Hospital**

**Speakers:** Lauren Goldman, RN(C), BSN - Trans Care BC; Sandy Gunderson, RN(C), BSN - Trans Care BC

This presentation will describe the unique needs that trans and gender-diverse people have when accessing sexual health, pre-natal and post-partum care and when giving birth. It will also outline trans-inclusive/gender-affirming actions that nurses can take to support and create safer experiences for trans and gender-diverse clients at BC Women's Hospital.

**1030-1100 Break**

**1100-1130 Get a Move On - Mobility in Labor**

**Speaker:** Isabelle Baribeau, RN, BSc, BA, MN - Senior Practice Leader

**1130-1230 'Crowdfunding', 'friending' and 'Googling' a Patient - Ethical Implications of Social Media in the Healthcare Setting**

**Speaker:** Alice Virani, MA (Oxon), MS, MPH, PhD - Director, Ethics Service

With the increasing role of social media in our lives, it is important to understand the impact and implications of different social media for ourselves and for our families and patients. Social media, including crowdfunding, 'friending' and 'Googling' our patients forces us to think of our role as professionals in terms of advocacy, and boundary setting, in a whole new way. This presentation will explore some of the ethical implications of social media in the healthcare context, and propose some important considerations and recommendations for maintaining professional boundaries while also respecting and promoting our patients' and families' best interests/ wishes.

**1230-1330 Lunch & Poster Presentations**

- 1330-1400 ***Releasing Time 2 Care ...Our BC Women's Postpartum Experience***  
***Speakers:*** Yvonne Law, RN - Quality & Safety Leader; Gail Brito, RN, BSN - Program Coordinator  
Releasing Time 2 Care (RT2C) is a complementary approach to Lean and Quality Improvement and is guided by similar principles. It supports point of care staff to redesign and streamline the way they work. Staff are trained to observe and analyze their own work processes to determine improvement priorities. Currently we have three active, motivated and successful teams on the Postpartum Units at BC Women's Hospital.
- 1400-1430 ***Interdisciplinary Collaboration to Implement Practice Change Associated with Newborn Care in the First 2 hours of Life***  
***Speakers:*** Jody Nikkinen, RN, BSN, PCN(C) - Implementation Specialist, Education, Training and Orientation; Isabelle Baribeau, RN, BSc, BA, MN - Senior Practice Leader  
This presentation addresses the process used to improve immediate post-birth care for mothers and newborns in a tertiary centre. A quality improvement structure was used to guide the project using Lean Methodology. An interdisciplinary team collaborated to explore maternal and newborn best practices in the first two hours of life. There was a lack of clarity among staff regarding safe skin to skin practice during the first hour of life as well as multiple interruptions to the attachment process to achieve institutional required tasks such as newborn and maternal assessment. Many current institutional processes were not supportive of family centred care and interfered with the mother baby dyad which undermined emotional and physiological transition following birth. Examination of these processes was undertaken in order to facilitate improvement in mother newborn care. As a result, major institutional and clinical processes were addressed. A major culture shift was needed to achieve success with this quality improvement practice change including greater interdisciplinary collaboration.
- 1430-1500 ***The Incredible Journey Towards MotherBaby Care***  
***Speaker:*** Maryam Kiarash, RN, BSN - Perinatal Clinical Educator  
MotherBaby Care is a combined model of care, where postpartum mothers and their newborns who need NICU care, are admitted to the NICU and receive their care in the same room by the same nurse. Learn how this model of care was developed and implemented at BC Women's Hospital.
- 1500-1530 **Break**
- 1530-1600 ***The Baby Friendly Initiative - Innovative Nursing Practice***  
***Speakers:*** Frances Jones, RN, MSN, IBCLC - Program Coordinator, Lactation Service & BC Women's Provincial Milk Bank; Marina Green, RN, MSN, IBCLC - Lactation Consultant  
This short presentation describes the power of nursing to implement practice change. Key Baby Friendly Initiative concepts including informed decision making and support to all mothers and babies will be reviewed.

## C&W 2017 NURSING WEEK PROGRAM

- 1600-1630 **The Importance of Equity-Oriented Care in Nursing**  
*Speaker: Natasha Prodan-Bhalla, BScN, MN/NP(A), DNP - Collaborative Practice Lead, Nurse Practitioner*

Equity oriented primary health care is care that considers inequities in health that occur not just because of biology but as a result of discriminatory practices and policies that are unjust. It is care that incorporates violence and trauma informed decision making, social determinants of health, understanding the consequences of cultural violence and a whole person philosophy. In order to lessen health inequities, the what and the how of care that attempts to address them need to be understood. This study used the Equity in Health Care Questionnaire (EHCQ) that was developed to measure equity oriented care at a BC Women's Hospital primary care outreach clinic that serves marginalized women in the Downtown East Side. This presentation will include results from the study as well as a discussion on the significance of the findings, the importance of practicing from a health equity framework and how this can be applied to all areas of nursing and health care.

- 1630-1700 **Closing Remarks, Evaluations, & Prizes**

**WEDNESDAY MAY 10, 2017**

**CHAN CENTER**

- 0900-0915 **Welcome & Opening Remarks**

- 0915-0945 **Implementing a Standardized Pediatric Early Warning System (PEWS) in BC**  
*Speakers: Yasmin Tuff, B.Sc., M.H.A - Project Lead, Child Health BC; Lisa Jacques, BScN, RN, CPHON - Quality & Safety Leader*

Over the last 2 years, BC Children's Hospital has been working collaboratively with Child Health BC to implement the Pediatric Early Warning System (PEWS) across the province. PEWS is a pediatric quality and safety system aimed to identify and respond to children at risk of deteriorating. The purpose of this presentation is to provide an overview of the provincial and BC Children's Hospital's approach to implementation, results to date, lessons learned, and next steps.

- 0945-1010 **Acknowledging Pediatrics: The Implementation of Canadian Pediatric Nursing Standards**  
*Speaker: Amanda Dalgetty, RN, MN - Education, Training and Orientation Implementation Specialist*  
In September 2015, delegates from across Canada came together in Toronto to officially create the first ever set of Canadian Pediatric Nursing Standards. Through a rigorous process of review, the standards are now finalized and ready to be implemented across the country. The purpose of this presentation is to outline the development process, share the vision for pediatric nursing in Canada, and outline the plan for adopting and implementing these standards at BC Children's Hospital.

- 1010-1030 **Perinatal Nursing in Canada- Standards, Certification and the National Perspective**  
*Speaker: Melanie Basso, RN, MSN, PNC(C) - Senior Practice Leader*  
This presentation provides an overview of perinatal nursing opportunities in Canada through the Canadian Association of Perinatal and Women's Health Nurses (CAPWHN), a review of national standards, the Perinatal Certification Exam process and how to enhance your perinatal nursing practice.



1030-1100 **Break**

1100-1130 **Pediatric Critical Care Standards**

***Speakers:** David Waller, RN, MSc, BA - Clinical Project Lead; Michelle Dunphy, RN, BSc, PG Cert Paeds, PG Cert PIC, MScN*

In preparation for the new Teck Acute Care Centre (TACC), the development of a model of care incorporating, testing and establishing pediatric critical care standards for service was required. Under the Early Implementation Opportunity (EIO) program, a dedicated resource nurse guided the team in the initial role out of the Critical Care Standards to trial working within the current PICU environment. The Critical Care Standards were benchmarked against already established and tested international standards. Data was collected to identify how often the standards were adhered to within the unit & where the gaps were. Qualitative data was also collected and analysed to identify common themes. This project has led to a nationwide collaborative to benchmark these standards with other PICU's across Canada to reinforce the validity of the standards. The future aim is to expand the Critical Care Standards to include medical coverage, support roles, admission criteria, discharge planning, education and training. This poster & project is an illustration of how Nurses & Allied Health professionals can influence & change practice models & ultimately quality care for our patients & families.

1130-1230 **Medical Assistance in Dying - Panel Presentation**

***Speakers:** Faye Kingdon, RN, BSN, MA - Collaborative Practice Leader, PHSA; Natasha Prodan-Bhalla, BScN, MN/NP(A), DNP- Collaborative Practice Lead, Nurse Practitioner; Alice Virani, MA (Oxon), MS, MPH, PhD - Director, Ethics Service; Philip Crowell, MA, MDIV, PhD - Spiritual Health Leader, PHSA*

In February 2015, the Supreme Court of Canada ruled that Canadians have the constitutional right to choose Medical Assistance in Dying (MAiD), also known as the Carter Decision. The Federal government was required to develop laws to support this practice which were passed in June 2016 as Bill C-14. Since that time, both Registered Nurses and Nurse Practitioners have played a large role in implementing this practice at PHSA. This panel will provide an overview of MAiD including the PHSA and CRNBC guidelines and standards, discuss the ethical and moral distress that often accompanies MAiD and discuss the role of the RN and NP respectively.

1230-1330 **Lunch & Poster Presentations**

1330-1430 **Improving Practice Environments - Taking Steps Forward**

***Speaker:** Barbara Fitzgerald, RN, MScN - Chief Nursing Officer, Head of Interprofessional Practice and Patient Experience*

## C&W 2017 NURSING WEEK PROGRAM

- 1430-1500 **Perceptions of Violence in Pediatric & Maternity Tertiary Services**  
*Speaker: Lorelei Faulkner-Gibson, RN, BSN, MN, CPMHN(C) - Best Practice & Policy Office*  
A mixed model design exploring perceptions of violence among staff members. Much of what is taught to staff members about violence is not necessarily based in evidence. As well, very little is done to understand the clinical context in which it occurs and how it is understood by those working in the area. Using the MAVAS Management of Aggressive and Violence Assessment Scale and focus group interviews to ascertain how staff perceive violence in the work place as well as their interpretations of the usefulness of such interventions such as seclusion and restraint.
- 1500-1530 **Break**
- 1530-1600 **The Impact of Socio-Economic Environment on Youth Mental Health**  
*Speaker: Sheri Laliberte, R.N, Ph.D. - Faculty member, Bachelor of Science in Nursing, School of Health Sciences, Vancouver Community College*  
This presentation will explore the impact of our socio-economic environment on youth mental health and implications for nurse's engagement in multi-level youth mental health promotion- both within our health system and in collaboration with inter-sectoral partners.
- 1600-1630 **Youth Advisory Committee (YAC)**  
*Speakers: Sabrina Gill, BSN - Nurse Clinician, Division of Adolescent Health Medicine; Members from the Youth Advisory Committee*  
BC Children's Hospital Youth Advisory Committee is a group of diverse, energetic youth aged 12-23 who meet monthly to work on projects to support youth-friendly, patient-centred care. The Youth Advisory Committee creates opportunities for youth leadership at BC Children's as members build awareness of the needs of young people among faculty and staff, and strengthen connections between youth and their care providers.
- 1630-1700 **Closing remarks, Evaluations, & Prizes**

**THURSDAY MAY 11, 2017**

**Room: 3D16**

- 1130-1200 **Understanding the Health Services Where Your Patient Lives - So Many Unknowns.**  
*Speaker: Michele Fryer - Provincial Lead, Reg Specialty & SubSpecialty Services, Child Health BC*  
This presentation by Child Health BC will include ways that you can help your patients and their families continue their child's care in their community - anywhere in BC. The provincial views of Child Health BC can help you support your families in the context of their communities; from A[tlin] to Z[ebellos] . Michele Fryer from Child Health BC will provide an over view of Child Health BC work and how it can help your practice, with a focus on understanding your patient's community and health services.

## C&W 2017 NURSING WEEK PROGRAM

- 1200-1230 **“Hello My Name Is”**  
*Speakers: Debbie Johannesen, RN BScN, MA - Director, Quality, Safety and Accreditation, BC Women’s; Suzanne Steenburgh, RN, BScN, MN - Director, Safety, Quality and Accreditation, BC Children’s*  
Helping families navigate the who and why of their care with one small gesture and how this is enhancing the safety and quality of their care.
- 1230-1300 **Aboriginal Patient Liaisons; “Who We Are and What We Do”**  
*Speakers: Susan Soloman, Aboriginal Patient Liaison; Amanda Gonet, Aboriginal Patient Liaison*  
This presentation will offer an explanation of our services, how to contact us, and provide an opportunity to ask questions.
- 1300-1400 **Provider/Parent Interactions: So Much More Than “Communication”**  
*Key Note Speaker: Betty Davies, RN, PhD - Adjunct Professor, School of Nursing, University of Victoria*  
Interactions with health care providers (HCPs) are central to well-being for parents of seriously ill children. A vast professional literature stresses importance of effective communication, yet most reports highlight only problems. In this 3-year prospective grounded theory study, we focused on positive HCP/parent interactions to uncover what characterizes best practice. Best practice HCPs interactions with parents occurred during every encounter and were comprised of several interrelated components that will be described in this presentation, represented metaphorically by a prairie windmill. Findings make explicit what has only been previously inferred about HCP/parent interactions and about concepts such as person-centred care and narrative medicine.
- 1400-1430 **From Frontline to Data Registry: The Role of Perinatal Services BC in Improving Care for Mothers and Babies.**  
*Speaker: Janet Walker, RN, MSN - Provincial Lead, Quality Outcomes, Perinatal Services BC*  
Understand the role of documentation at the bedside for improving care for all mothers and babies in BC through clinical standards and data collection. Explore some examples of how data has changed practice.
- 1430-1500 **Hot Topics at the College - Update from the CRNBC**  
*Speaker: Catherine Johnson, RN, BSN - Regulatory Learning Advisor, Policy, Practice and Quality Assurance, CRNBC*  
Topics will include merging of the three colleges (CRNBC, CLPNBC, and CRPNBC) to one nurse regulator, changes to the RN/RPN Autonomous Scope of Practice and Client-Specific Orders, Nurse Practitioner practice of prescribing controlled drugs and substances, and Medical Assistance in Dying.
- 1500-1530 **TACC Orientation & Training**  
*Speaker: Scott Fraser Dauphine, Senior Project Manager, Education, Training and Orientation Implementation*



# C&W 2017 NURSING WEEK PROGRAM

**FRIDAY MAY 12, 2017**

**SHAUGHNESSY AUDITORIUM**

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**1100-1200      Building Therapeutic Relationship**

**Speaker:** *Jenny Lindstrom, RN, BSN - Clinical Nurse Educator*

Through an interactive display Jenny demonstrates how curiosity can bring you into knowing your patient in a way that is meaningful to them. She will then guide you to thoughtfully consider how to apply this to your clinical world.

**1200-1300      REFILL PLEASE: Understanding Compassion Fatigue and How to “Top Up”**

**Speaker:** *Dr Theresa Newlove, R.Psych, Head of Psychology for BCCH, SHHC, BCW*

The emotional labour of Nursing is one of the most rewarding and challenging aspects of Nursing. We will discuss what it means to experience compassion fatigue in the workplace and strategies to ‘top up’.

**1300-1400      Building Resiliency in Challenging Work Environments**

**Speakers:** *Mary MacKillop, BA, B.Ge., MA, Certified in Dispute & Conflict Resolution, Facilitation and Advanced Mediation - Director, Patient Experience and a patient's perspective*

Work in healthcare can be complex and coupled with life, can be depleting. What is being resilient and how can I get some of that?